

## GRENADIAN PURPLE SEA MOSS GEL

A superfood packed with essential vitamins and minerals, boosts immunity system, antiviral and antifungal, improves libido, promotes gut digestion, increases energy, eliminates excess mucus, reduces inflammation, assists in weight loss, nourishes skin, regulates mood. to sustain a healty lifestyle!



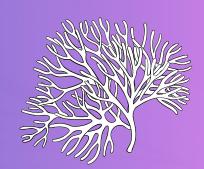
## WHAT YOU NEED TO KNOW:

## THE HISTORY OF IRISH SEA MOSS

- Chondrus crispus, commonly called Irish moss, is a species of red algae which grows abundantly along the rocky parts of the Atlantic coasts in Europe and North America.
- Used as a starvation food eaten by the famished people along the coast of Ireland during the potato famine of 1846–1848.
- The red algae was scraped off rocks for sustenance and the name
   "Irish moss" became associated with it as a result.
- The organism is rich in iodine and sulfur. When softened in water it
  has a sea-like odor. Because of the abundant cell wall
  polysaccharides, it will form a jelly when boiled, containing from
  20 to 100 times its weight of water.
- Irish immigrants brought sea moss to the United States and is still widely harvested and consumed in Ireland and the Caribbean.

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